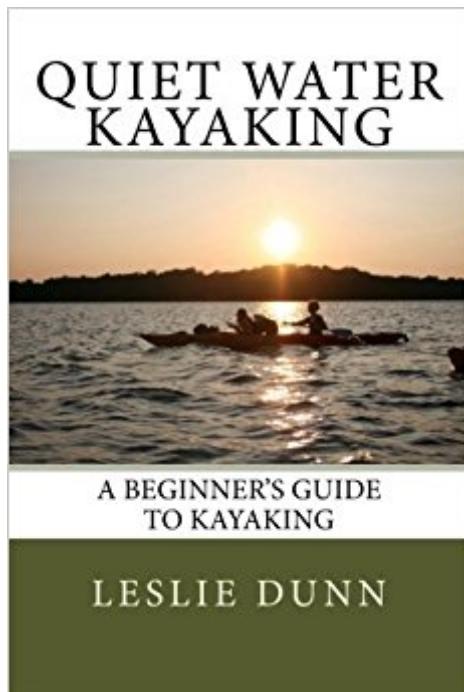


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# **Quiet Water Kayaking: A Beginner's Guide To Kayaking**



## **Synopsis**

Interest in recreational kayaking is booming! Learn paddler lingo and river etiquette, what to do when you capsize, what to buy and money saving tips on what not to buy, how to transport a kayak and how to lead a paddle like a pro. Written by an American Canoe Association Kayak Instructor, over one hundred pages of the basics to help get you started.

## **Book Information**

Paperback: 120 pages

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Average Customer Review: 4.5 out of 5 starsÂ  See all reviewsÂ  (19 customer reviews)

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## **Customer Reviews**

I just took my first kayak class with Leslie and later realized I had purchased her her book a short time ago, without realizing the two were the same! I thought it was about time I reviewed the book! By all means, don't just buy the book, check out her classes on Meetup! She is a great instructor and the two really work hand in hand. I feel completely comfortable on the water after just one class, but certainly plan to take a few more. The book gives you a really good overview of quiet water kayaking, such that you come away with an academic understanding of the fundamentals of the sport... what to buy, what not to bother with, the different classifications of water and what that all means to you, the beginner.

After renting a couple of kayaks, my husband and I decided to buy ourselves each a kayak. We weren't sure what to buy, or even the best way to haul them. After purchasing them, we found Leslie's kayak class on the internet, and decided to take her class before we developed any "bad paddling habits", Leslie uses her book "Quiet Water Kayaking" to teach beginners everything they need to know about flat water kayaking. It covers topics such as what to buy, how to haul them, safety, and so much more. The book is definitely a must have for the beginner, and would reinforce

knowledge that the more experienced paddler should already know.

This is fantastic introduction to kayaking, especially if you are paddling on a lake. Though I've been kayaking for a few years, there were still various things I didn't know, especially nomenclature. This small book will fully explore the kayaker's vocabulary and all the various basics that you may think you know until someone actually asks you. I usually steer clear of self-published materials, and while this book definitely looks like a self-published title sitting on your shelf, Leslie Dunn sure knows her stuff and so will you after you read this.

I live in the Tennessee area and bought this book to find out about how to handle the local lakes and rivers. After reading this it gave me a new found confidence to handle the unexpected. Would recommend this book to anyone who needs help keeping dry while on the water, and what to look out for in the water to stay safe.

If you're a beginner, such as myself, this book is a must have. It is packed with a wealth of information that teaches you everything from A to Z in an easy to read, informative text. I will keep this book close by as my manual until I graduate from "newbie" status.

This book will pay for itself many times over just by preventing the novice kayaker from making poor choices in equipment. If you are new to kayaking read this book first. If you are fortunate enough to live in Nashville area, take Leslie's class which is also an enjoyable and informative experience. If not, it's all in the book! It is well written and easy to read, a quick read but also a resource that you will continue to read as you hone your kayaking skills.

I fell in love with kayaking a few years ago and have now spent hundreds of hours on the water. (Paddling almost daily when the weather allowed.) My enthusiasm has lead several of my friends to join me on area lakes and rivers. This book is a wonderful guide and is filled with "must have" information if you are just getting started. Leslie has done a great job covering everything from the types of boats available, explanation of water classifications, safety information, additional equipment and helps quiet the fears beginners often have concerning capsizing. Now, when friends ask me for information and recommendations on boats (kayaks), paddles, equipment and techniques I will recommend "Quiet Water Kayaking" as the perfect beginner's guide. Chapter 6 is a "How To" chapter for organizing a group paddling event. It's great information for those who are

already kayakers and now want to move to a level of sharing and leading others in the kayak experience. Highly recommended.

This is an excellent book for the novice kayaker. It covers equipment, basic strokes, etc. I also liked the description of a "group paddle". Well written - recommend it to all interested in kayaking.

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